

# MENTEE RESOURCE MEET YOUR COMMUNITY MENTORS!

## PATH COMMUNITY MENTORING PROGRAMME



The PATH Community Mentoring Programme aims to connect student mentors from NCAD, IADT, Marino Institute of Education, UCD and TCD with students from their local communities. Mentors will share experiences about school and college, help you find out more about going to college, and have some fun!

Each school/adult/community education centre will get two or three mentors who will work with you as a team. They will deliver three mentoring sessions throughout the year.

### OUR MAIN GOALS:

1

Get to know you better!

2

Help you become more aware of college and what's expected.

3

Help you feel more confident in your ability to succeed in college, or help you decide if you want to go.

4

Share information about how to apply for college, and the supports available.



# WHAT IS MENTORING?



## What a mentor is:

A mentor is a guide who can help you find the right path, and who can help you think about your future options. Mentors may have had some experiences like yours, and might understand some of the issues you may be facing. Mentoring gives you a chance to think about your course and career options.

Community Mentors are college students from your community! Community mentors have volunteered their time to train for and deliver these mentoring sessions so they can share their experiences of school and college with you!



## What a mentor is not:

Mentors do not tell you what to do, nor do they suggest that there is a 'best way' or an 'only' way. Instead, they want to help you find options, and allow you to arrive at your own decisions.

# MY MENTOR'S STORY



## WORKSHEET 1

### MY MENTORS' NAMES, COLLEGES, AND COURSES ARE:

Name:	College:
Studying:	
Name:	College:
Studying:	

### WHAT IN MY MENTOR'S STORY IS THE SAME FOR ME?

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### WHAT IN MY MENTOR'S STORY IS DIFFERENT FOR ME?

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### WHAT HAVE I LEARNED FROM MY MENTOR'S STORY?

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### WHAT QUESTIONS WOULD I LIKE TO ASK MY MENTOR?

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# MY STORY



## WORKSHEET 2

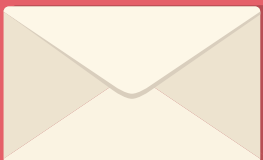
Use the questions below as a guide to help you write a letter to your future self. The next time you'll see this letter will be at the end of the year. What would you like to say to yourself?

### MY HOPES FOR THE FUTURE IN 2-5 YEARS:

### I AM THINKING ABOUT THE FOLLOWING COURSES OR CAREER:

### MY FAVOURITE SUBJECTS AND EXTRA-CURRICULAR ACTIVITIES:

### MY BIGGEST FEAR ABOUT THE LEAVING CERTIFICATE:



You will be asked to seal this letter in an envelope with your address. This letter will be posted to you at the end of the programme!